



Dear Parents,

To teach and foster the value of nutrition, as well as cultivate a healthy environment and promote healthy eating habits, we have provided a sample Kindle School snack menu in an effort to provide an idea of the foods served to students. We encourage parents to provide lunch food choices that offer the highest nutritional value and best nourishment for the overall health, growth, and development of their child. The snack food items served are “tree-nut free”, but may still contain fruit, eggs, and/or dairy products. Please make certain to inform the school and provide any necessary paperwork regarding any food allergies or dietary restrictions your child may have. Please note that parents are responsible for providing any alternative snack foods in the case of food allergies or dietary restrictions.

Please remember that the typical daily routine for a preschooler only allows for 3-4 “meal times”. Those meals are: morning snack, lunch, afternoon snack, and possibly breakfast (provided by parents) depending on the routine and daily schedule.

We are always excited to share with our parents the ways in which we are here to serve and support children and their families. We hope our families are as excited as we are about our healthy and yummy snack menu, as we strive to support and provide students with the nutritional value needed to be successful, strong and healthy.

***Please feel free to contact us if you have any questions and/or**
concerns*

